

Alberta Pharmacy Students' Association

2 – 35 Medical Sciences Building 8613 114th St, University of Alberta Edmonton Alberta, CA T6G 1C9

December 7th, 2020

Eliana Kavgadoulis, VP Student Services 2020-21 Semesterly Councillor Report, Fall 2020

August 2020:

<u>Membership Cards/Lockers:</u> APSA membership cards and locker sales were <u>not</u> coordinated this year due to ongoing challenges with the COVID-19 pandemic.

<u>Welcome Letter:</u> Re-structured the incoming class welcome letter from VPSS to the class of 2024 to reflect this year's challenges/changes with regards to delivery of Student Services.

<u>APSA Mentorship:</u> Early planning and implementation of the APSA Mentorship Program for the incoming class of 2024 – Reached out to upper year students to elicit interest in mentorship for the first year class specifically to aid in transitioning into the pharmacy program due to challenges with virtual delivery and welcoming. Interested students indicated their names and were matched randomly with 2-3 students from the class of 2024 mostly coordinated through advisor groups put together by Faculty Students Services.

See Here for Mentorship Matching List:

https://docs.google.com/spreadsheets/d/1yoKcJ4drX6X8uABsxM4ooOVhhk7WMRUJOdlQDcDwSIg/edit?usp =sharing

Orientation: Presented at first year orientation regarding textbooks, wellness and APSA lounge/PBL rooms.

September 2020:

Established APSA Space and Wellness Committee:

Established a plan whereby each committee member will be responsible for coordinating and leading an event of their choosing for a delegated month of the semester.

See Plan Here for Events:

https://docs.google.com/spreadsheets/d/1Xfs9zPMj9OiMN2vAm56durdMDO0k5x4Imuh-6AqQm8o/edit?usp=sharing

Released APSA Mentorship Information to 2024's and mitigated questions and concerns during the early stages of the program.

<u>Textbooks:</u> Coordinated APSA's fall textbook sale for students through the APSA website and completed ordering and distribution of the textbooks to students in a timely/safe manner.

October 2020: Organized and planned the Pumpkin Carving Contest with VP Social as the Wellness committee's October Wellness/Social initiative. Met with Student Services and VP Social to organize/plan this event virtually.

Created Facebook event page, google submission forms and coordinated prizes with Student Services and in partnership with VP social. This event was asynchronously delivered and judged.

November 2020:

<u>November Wellness Event</u>: "Wellness Bingo" created by Space and Wellness committee student member Keeley Watt. This Wellness Bingo sheet was created as a reminder to students to take some time in their day to do little things for themselves and/or others.

- o Assisted Keely in creating Facebook posts on APSA member's corner announcing the challenge, created submission form, advertising on Instagram and class Facebook pages by committee members.
- o Wellness prize for this event: Lululemon Yoga Mat and Water bottle valued at 124\$.

<u>Pharmacy Gingerbread House Making Contest:</u> This event is in partnership with VP Social and is being conducted virtually. Planning involves creating an event page, informing students, coordinating with Student Services and creating a google form for submissions.

Ongoing:

- Attended bi-weekly APSA executive council meetings
- Attended bi-weekly APSA general council meetings
- Space and Wellness Committee communication via Facebook Messenger around once to twice a month
- Plan and coordinate wellness initiatives
- Act as a member of the professionalism committee (There was 1 meeting this semester)

Upcoming:

- Second textbook order
- RxFiles Textbook order
- December Wellness Calendar (7 days of Christmas) presented by Kalbie Hokanson

Eliana Kavgadoulis, VP Student Services Alberta Pharmacy Students' Association 780-299-5525 |kavgadou@ualberta.ca