



March 17th, 2021

Eliana Kavgadoulis, VP Student Services 2020-21
Semesterly Councillor Report, Winter 2021

Wellness Initiatives:

December (Was not included in fall report): 7 days of wellness presented by wellness committee's Kalbie Hokanson. Students were asked to post photos of a different theme related to wellness around exams for one week for a chance to win an essential oils diffuser kit.

January: #Takingcare Wellness social media challenge created by the wellness committee's Alyssa Hellman. Weekly gift card prizes and 3 final prizes (Hydroflask, Salt Lamp, Electric Toothbrush) awarded to students who entered their name in a draw by submitting photos of how they #takecare of themselves throughout the month of January.

February: Secret Santa Valentine's day edition created by wellness committee's Haneen Mansour. Students were given the opportunity to sign-up and be matched with a pharmacy student valentine at random. Student's sent each other an e-gift card of choice on valentine's day valued at a maximum of 20\$.

March: #getartsy social media challenge created by wellness committee's Mostafa Moharram. Weekly art themes are announced and students submit art pertaining to the theme for a chance to win one of 4 weekly art themed prizes (Paint by numbers kit, Candle making kit, 2x Ticket's to the Van Gogh exhibition, watercolor painting kit).

April: Cooking challenge created by wellness committee's Kiana Mah. This is a one week social media challenge where students can share their various cooking creations for a chance to win one of 2 main prizes (Magic bullet, Baking blender and 100\$ gift card to the melting pot).

See Plan Here for Events:

<https://docs.google.com/spreadsheets/d/1Xfs9zPMj90iMN2vAm56durdMDO0k5x4Imuh-6AqQm8o/edit?usp=sharing>

Additional:

Textbooks: Coordinated APSA's winter textbook sale for students through the APSA website and completed ordering and distribution of the textbooks to students in a timely/safe manner. Also released the Rx files discount to students for ordering.

Ongoing:

- Attended bi-weekly APSA executive council meetings
- Attended bi-weekly APSA general council meetings
- Space and Wellness Committee communication via Facebook Messenger around once to twice a month