

Alberta Pharmacy Students' Association

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Kristil Almahfoud, VP Student Services 2019-2020 Semesterly Councillor Report, Fall 2019

Summer 2019:

- Recruit and retain sponsorship of APSA membership cards. This year the sponsors were: LaunchPad, Intrap Escape room, Writers Room, Sherlocks' Pub, Menchies, Chopped Leaf, Billiard Club, The Buckingham, The Pint, Beercade and Edmonton Float House.
- Early planning and implementation of the APSA Mentorship Program reached out to upper year students to elicit interest in mentorship
- Met up with Lauren Taal from the Edmonton Oil Kings/Oilers, she is the group event coordinator for the team. We discussed a possible partnership opportunity/fundraiser for Movember. I presented this idea to APSA general council, after discussion we decided to opt out of using this as a fundraiser as it would involve a high upcharge on ticket prices for a marginal amount of funds donated to the fundraiser. The option remains open to coordinate this as a social event without the fundraising component.

September 2019:

- Participated and presented at first year orientation. Discussed student services initiatives and self-care.
- Organized locker clean out and randomization. Randomization was done manually.
- Organized locker sales. Locker sales were conducted via a 2 step process, a google form was created that students had to fill out to express their interest in a locker, then a payment was made on the APSA website. I cross-referenced this information and then assigned lockers. Lockers were assigned manually and emails were then sent out with locker numbers and combinations.
- Coordinated distribution of APSA membership cards.
- Continued implementation of APSA Mentorship Program (AMP): Reached out to first year students to
 elicit interest. Then matched students with a mentor/mentors in an upper year. Matching was done
 manually based on information given to me by each mentor/mentee in the google form. Created a
 Facebook group for members of AMP to keep all relevant info in one place.
- Coordinated and implemented a lunch and learn with the peer support centre for members of AMP lunch and learn discussed topics such as being a supportive mentor/peer.
- Organized textbook sales.
- Established Space and Wellness Committee.
- Created a google form that APSA members can submit concerns to regarding the maintenance of the lounge or any additional supplies that are needed. I printed posters that are placed in the APSA lounge with the link on them. There is also a link posted in the Class Rep emails. So far I have received no concerns via this form, but will continue to provide maintenance and supplies as needed and as per my discretion.

October 2019:

- Organized pumpkin carving contest with VP Social.
- Provided snacks in the APSA Lounge for students studying over Thanksgiving Weekend
- The APSA Mentorship Meet and Greet took place on October 16, I made it a cookie decorating event as an ice breaker and mentor/mentee pairs met up and got to know each other. I baked cookies and purchased decorations such as icing and sprinkles.

November 2019:

- Planned and put on the Pumpkin Pie Challenge with the Space and Wellness Committee. There were 9 contestants, a prize of a \$50 Tim Horton's gift card was given to the winner.
- Planned, baked cookies and organized Milk and Cookies Day, approximately 400 cookies were made and distributed by the Space and Wellness Committee.
- Helped to organized RxFiles sale with CAPSI Jr and Sr

December 2019:

- Attended Professionalism Committee meeting
- Created and sent out a wellness newsletter to all pharmacy students, partnered with student services for this.
- Organized the ECHA Study Session, snacks were provided and leftovers were left in the APSA lounge.
- Coordinated with Student Services the cleaning of the APSA lounge by Molly-Maid. This was done on December 19.

Ongoing:

- Attended bi-weekly APSA executive council meetings
- Attended bi-weekly APSA general council meetings
- Space and Wellness Committee meetings on an as needed basis (there were 2 meetings this semester)
- Plan and coordinate wellness initiatives
- Act as a member of the professionalism committee (there was one meeting this semester)
- Provide and replenish the feminine hygiene products in the women's restroom by the APSA lounge. Supplies are provided by the Students' Union and replenished as needed and as available.
- Gather student concerns on study space, academic space, lab space, etc. This semester there weren't
 many concerns. Some concerns were presented regarding messes being left in the PBL rooms as well as
 some garbage left in the lecture halls. I made general posts about both of these issues on APSA
 members corner, and discussed with the relevant class reps about these issues. There have been no
 concerns presented to me since.
- Act as the APSA representative on the Council of Faculty Associations Member Services Working Group.

Upcoming:

- Replenishment of the supplies in PBL rooms as well as some additions of new materials (January)
- Replenishment and cleaning of the Wellness Kits
- Peer Support Centre Lunch and Learn open to all students (potential)
- Counselling and Clinical Services Lunch and Learn
- Second textbook order
- Maintain PBL rooms and APSA lounge

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