

December 23, 2022

APSA Fall 2022 Semester Report

May – July 2022

- APSA Membership Cards
 - Started contacting businesses and organizations to get discounts for pharmacy students.
- Meetings
 - Attended meetings with the Executive Council to discuss expectations and the budget for the school year.
 - Attended meetings with APSA President, Bojana Nikic, to discuss how to make APSA events more inclusive and diverse for students.

August 2022

- Lockers
 - Cleaned out the lockers and changed the locks to get them ready for the Locker Sale.
 - Prepared a spreadsheet with locker numbers and combinations in advance.
- APSA Lounge/PBL rooms
 - Cleaned and organized the APSA Lounge and PBL rooms to prepare them for students' return.
- Class of 2026 Orientation
 - Attended the APSA orientation for first year students and delivered a presentation on my role as VP Student Services and what perks and benefits students will have access to as APSA members.
- APSA Mentorship Program
 - Organized the APSA Mentorship Program where all first-year students were placed into groups with their mentors (second, third, and fourth-year students).
 - Groups were made based off of Mint Cup teams in collaboration with VP Social, Justine Ramsundar.
 - You can find the groups here: [Mentorship Teams 2022/23](#)
- Space and Wellness Committee
 - Created the Space and Wellness Committee with members from the Class of 2023, 2024, and 2025.
 - Started planning for events for the year while discussing the budget.

September 2022

- Space and Wellness Committee
 - Held meetings to come together as a group to finalize all events for the year and determine who the leads will be for the events.
 - Added two new members from the Class of 2025 and 2026.
 - Members of the Space and Wellness Committee: Alyssa Hellman (2023), Andrea Jokic (2024), Cassandra Luong (2025), Hadeel Mohamed (2025), Kinza Khan (2025) Alyssa Chan (2025), and Hafza Ali (2026).

- The Random Acts of Kindness Initiative
 - Space and Wellness Committee member Hadeel started the semester with the Random Acts of Kindness Initiative which ran for a week.
 - Ten Tim Hortons' gift cards were distributed to ten students whose names were drawn during the prize draw.
- Locker Sales
 - Organized and managed the locker sales for the entire month of September.
 - Individually emailed students their locker numbers and combinations.
- Menstrual Products in MSB Washrooms
 - Placed menstrual products in the MSB washrooms outside the APSA Lounge.

October 2022

- Pumpkin Pie Day
 - Planned the Pumpkin Pie Day event with Space and Wellness Committee member Andrea.
 - Distributed pumpkin pie to students during lunch break.
- Annual Pumpkin Carving Contest
 - Planned, organized, and ran the Annual Pumpkin Carving Contest with Anjela dela Cruz (FoPPS).
- Halloween Candy Event
 - Distributed Halloween candy to students during lunch break with the Space and Wellness Committee.
- APSA Membership Cards
 - Finalized discounts and designed digital membership cards to distribute to students.
 - Secured discounts from: LaunchPad, Edmonton Float House, Sherlock Holmes Pub, YEG Cycle, The Chopped Leaf, My Tea, Earls, NUTTEA, The Pint, The Buckingham, and Beercade.
- Fall Textbook Sale
 - Organized and managed the Fall Textbook Sale through CPhA and CAPSI Sr., Jasmine Ly.
 - Placed a bulk order to CPhA.
- APSA Mentorship Meet & Greet
 - Held a meet & greet for mentors and mentees to meet up after classes to play board games. Games and snacks were provided.

November 2022

- Build Your Own Wellness Kit Event
 - Planned the Build Your Own Wellness Kit Event with Space and Wellness Committee members Cassandra and Kinza who contacted sponsors for donations.
 - Received donations from: Shoppers Drug Mart, RxA, University of Alberta FoPPS, Alberta College of Pharmacy (ACP), U of A Bookstore, Psychologists' Association of Alberta, GTFO, Apotex, UAlberta Sustain, U of A Health Centre, and U of A Lister Centre.
 - Distributed donations to students during the lunch break.

- Wellness Paint Night
 - Planned and organized the Wellness Paint Night with Space and Wellness Committee members Hadeel and Hafza.
 - Painting supplies (paint, canvases, paint brushes) and snacks were provided.
- The Great APSA Cook Off
 - The Great APSA Cook Off was a virtual event planned and run by Space and Wellness Committee member Alyssa H.
 - Prizes were distributed to four students who won the prize draw. Prizes included: a saucepan, charcuterie board, salt/pepper shakers, and mixing bowls.
- Mental Health Resources Document
 - Compiled different mental health resources into a working document for students to use.
 - The resources were organized under specific categories to make it easier for students to navigate.
- Fall Textbook Sale
 - Received the bulk order of textbooks. Brought them on campus and left them in empty lockers in MSB for students to pick up.

December 2022

- Annual Gingerbread House Contest
 - Planned, organized, and ran the Annual Gingerbread House Contest with Anjela.
- Hot Chocolate + Cookies + Candy Canes Event
 - Planned and ran the last event for the semester with Space and Wellness Committee member Hadeel.
 - Invited Ali Damani from the Alberta Pharmacists' Association (RxA) to help distribute snacks and speak to students.
- APSA Lounge and PBL rooms
 - Placed holiday decorations inside PBL rooms and on the room windows.
 - Decorated the APSA Lounge with a Christmas tree and other decorations.

Ongoing (May – Present)

- Attending bi-weekly meetings with APSA Executive Council
- Attending bi-weekly meetings with APSA General Council
- Attending bi-weekly meetings with FoPPS Student Services (Anjela and Trent Nabe)
- Answering emails and questions regarding lockers, the Mentorship Program, wellness events, etc.
- Keeping track of menstrual products in MSB washrooms
- Holding external meetings to discuss funding with interested groups and individuals like RxA and Zach Prusko.

If you have any questions or concerns, please let me know at msarai@ualberta.ca.

Sincerely,
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 Alberta Pharmacy Students' Association
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