



APSA Summer Retreat
August 28th, 2022 9:00am-12:00pm, online, via Google Meets

1. Call to order (9:00am)

- 2. Roll call (2 min):** Alyna, Naomi, Bojana, Talia, Prerna, Mankirat, Julia, Tamara, Justine, Jasmine, Theresa, Karanvir, Hubert, Alison, Nick, Tracy, Callum, Goodwin, Kartik, Justin, Emily, Shanil, Winnie, Cathy, Kallie, Sarah, Evana, Kevin, Sydney, Veronica, Harleen, Cassidy, Cassandra, Zach
- a. Regrets: Garrett, Christy, John, Harpreet, Ruhee, Analise, Kelsey, Grace, Imabong, Maha, Jonathan, Tegan, Michelle, Saad, Jannieca, Drayden

3. Additions to the agenda (1 min)

Motion: To approve the agenda
First: Prerna Second: Talia

4. Minutes of the last meeting (1 min)

Motion: To approve the previous meeting minutes
First: Prerna Second: Naomi

Old Business:

5. Introduction - Bojana Nikic (5 mins)

- **Bojana:** I'm just going to start off this meeting with an introduction of myself, so my name is Bojana, I use she/her pronouns, I am from the Class of 2024, and I am the president of APSA this year. I really like sudoku and I can't think of any more fun facts to say but Alyna gave me 5 minutes for an introduction but I am just going to stop right there. If you have any questions, feel free to reach out and if you haven't met me in person yet, if you ever see me in the hallways, just come over and say hi. Oh another thing about myself is that I make really stupid dad jokes, Alyna can definitely attest to that. That is my introduction and I am super excited about this year. Some of us have already put in a lot of work and effort into APSA this summer, which you will be hearing about today. From a president and executive standpoint, we have accomplished quite a lot which we will be sharing with you folks today. I am super excited and I want to make it a very fun in-person year. I know we were kind of in-person last year, but it still wasn't the same as normal. That is it from me and I will now pass it along to Alyna to take it away with some of the housekeeping agenda items.

6. Housekeeping - Bojana Nikic and Alyna Dato (30 mins)

- a. **Robert's Rules of Orders**
- **Alyna:** Hi everyone, my name is Alyna, I use she/her pronouns, I am also from the Class of 2024 and I am the Vice President Administration for the upcoming school year. I hope everyone got a chance to read the PDF that I sent out on Robert's Rules of Orders, but I will just give a brief little summary as it is a bit

confusing. We use Robert's Rules of Orders to structure our meetings and go through motions. I would say that the biggest things are the motions as well as moving into and out of camera. An example of a motion was the ones that Bojana did at the start to approve the agenda as well as the previous meeting minutes. For any motion you do need to get a first and a second and this is done by physically raising your hands, if you feel comfortable turning your camera on. It gets too confusing if we use the raise hand function on google meets and 40 hands go up at once, so it is much easier to physically raise your hand. For those in opposition we normally just give it about 5-10 seconds and if no one speaks up, we assume that everyone is in favor. Also, we physically raise our hands for motions but then if you have a comment or question, feel free to use the raise hand function on google meets. That is the strategy they used last year and we are going to try it again this year and then modify it if needed. Lastly, the biggest thing is moving into and out of the camera. So when we move into camera it means that the conversation we are having is confidential and cannot be shared with anyone outside of the group. During in camera discussions I also do not take meeting minutes. When we make a motion to move back out of camera then the conversation will be recorded and available for anyone to read again. I feel like those are the biggest things about Robert's Rules and honestly it gets easier and makes more sense the more meetings we have and the more practice everyone gets. Does anyone have any questions or concerns before I move onto the next agenda item?

b. [Google Drive](#), Google Calendar and APSA Officers and Councilors Facebook Group

- **Alyna:** I just wanted to talk quickly about the Google Drive which I should have shared with you all over the summer, if anyone is not added to this please let me know. Bojana and I reorganized the Drive this year so hopefully it is a bit easier to manage but all of our resources can be found in the Garlock-Nikic folder on the main page. By now you should all have been added to the APSA Officers and Councilors Facebook group as well and have added both the APSA pharmacy and APSA councilors Google Calendars to your own accounts. If anyone has any issues with any of these 3 or if you are not added to them please reach out to me and I will add you.

c. APSA Office and Storage Room

- **Alyna:** So the last previous years the APSA office has been closed due to COVID but as far as I am concerned it will be opened up again with our return to in-person school. The office is located on the main floor in ECHA and the room number is 1-540 in the student commons. Locationwise, basically if you're going from the medical sciences building, you just have to walk all the way to the end of ECHA where the LRT station is and there's a little room labeled Student Commons and then it's just in the back there. I believe it is just being used as a storage room right now, but previously it was where we would hold our APSA office hours. I will talk more about office hours later on in the meeting but that is all the current information I have about the office and will let you all know once I know more. Bojana, you can move onto the next item now that's all I have in regards to the office if no one has any questions or concerns.

d. Bearsden + EOT

- **Bojana:** I am going to be quickly talking about Bearsden and event organizer training. Bearsden is the platform that the university, dean of students, and student group services requires anyone who is making or holding an event to submit through to get it approved by them so it can be held. Bearsden is basically what holds the student associations through the university. When it came to re-registering APSA I did it through bearsden and all of the tedious admin stuff that happens on this website. For those of you who have event planning on their portfolios or want to add an event to their position, in order to do this, a certificate of event organization training is required. I know that a lot of you would have already completed this but if you haven't you can reach out to me and I can help you out. The module is not too long, it just explains how to apply to events and some rules and stipulations. It is really important that you get that done if event planning is under your position's portfolio.

- **Alyna:** I just wanted to mention that it takes awhile for approval so it would be wise to submit your event for bearsden approval with a lot of notice. I can also put things into the Google Calendar as a “tentative event” and then as soon as it is approved we can make it an official event. It would just make it easier to ensure you get approval ahead of time rather than leaving it to the last minute.
- **Bojana:** Oh yeah, that is a really great point actually. I think they do require 13-15 business days prior to when you want your event to be held so it is imperative that as soon as you have a date in mind to submit it to bearsden. Thank you for that Alyna.
- **Julia:** I know there is a timeline on when you can advertise your event as well so Bearsden doesn’t just control if you can have an event but also the advertising. The deadline is 15 days before you can even advertise the event I believe, not even holding it. This is just something to keep in mind because you cannot advertise the event without approval.
- **Bojana:** Perfect, thank you both.

e. Professionalism and Team Expectations

- **Bojana:** I am not going to talk too much about professionalism as this is under the VP Academic’s role and I will give more lee-way to our VP Academic to lead this discussion. But under my standpoint, I do co-monitor professionalism within the faculty from an APSA perspective. I think that to me professionalism is about being mindful of using respectful language towards all folks around you is important. I am a big communicator when it comes to any meetings or events that we are having, no worries if you can’t make things, some things are mandatory as we’ll get into later, however, just let myself or Alyna know in advance if you cannot attend something. If anyone is ever feeling overwhelmed or anything like that, I'm a big fan of feeling your feelings and talking your talk so please feel free to reach out to me and I can see if there is anything I can do to help support you. I'm really big on creating a safer dynamic within APSA and the faculty and I would really love to drive home the point that if anyone here gets ever overwhelmed with your position or your role and it's getting too tough for you, or if you can't make something or you have too much going on, please just let again myself or Alyna know rather than ignoring things or just not showing up. I am very understanding as long as we all have stellar communication I feel like professionalism and team expectations will be a walk in the park.

f. Deadlines

- **Bojana:** I don’t really know what to talk about in this one but keep them in mind especially event submissions and the deadlines from when you are able to advertise and hold the events. Alyna posts a lot on the Facebook page and has been sending out emails so make sure you are checking both of these things and thoroughly reading them. I know that it's summer time, but it is important to check once in a while if you can. We have had some obstacles with folks and deadlines already and that’s okay, it happens but please moving forward if we can all be cognisant of the deadlines it will make myself and Alyna’s lives so much easier and we would really appreciate it.

g. Meeting Invitations

- **Bojana:** The last thing I'm going to talk about housekeeping wise is our meeting invitations. So when it comes to any kind of meeting, whether it's a general Council meetings that are bi-weekly or any other meeting that we might have going on, when Alyna sends out the meeting invitation via email it is very easy to RSVP and check off yes or no. This makes it a lot easier on our side so we can reach out to specific people and check in. I think that is it for housekeeping and I guess we will now move onto new business.

New Business:

7. Inclusive Spaces Module - Bojana Nikic (2 mins)

- **Bojana:** I am just going to talk about something new that I added this year over the summer. I was having one-on-one meetings with all of my executives to talk about a lot of EDI related things and I want to extend that offer to all of you folks as well. I was thinking of having one-on-one meetings with every councilor but I quickly realized that I do not have the time as they took about 1-3 hours. Plus people were all doing their own thing over the summer, so it was not the most efficient use of my time. I want to encourage you all if you are comfortable to have a one-on-one meeting with me. I think a big part of a leader is supporting and hyping up the people on your team and I really want to hold that energy this year. So I would really love it if you'd be comfortable and if you wanted to kind of have a more personable start to the year when it comes to your relationship with myself in your specific roles and duties. If you'd like to reach out to me, I'd love to set that up when both of us have time. I did this with each of the executive councilors this summer and we addressed different aspects of each profile where we can address some more inclusive equitable measures so that students that are a part of APSA feel welcome and safe when it comes to our events and initiatives. I don't know if all of you are aware of this, but I am currently the past president of the LGBTQ+ PhSc and I was the creator, founder, and president of it last year. Within this role, I did a lot of work when it came to initiatives in the faculty and collaborated a lot with APSA and the BPSA so I'm a really big advocate for marginalized students. I think if you help them, sorry not help, elevate them, and amplify their concerns, it is going to help everyone in the long run. As much as I would love to solve a lot of these things this year, it's really not going to happen but I'm really happy that we are getting the ball rolling. Something that I also implemented this year and that is mandatory for the executive council was EDI training. I want to make this mandatory for us so that we all have a baseline understanding, however, I won't mandate and only strongly encourage it for general councilors and officers. It is an inclusive workplace training module and it takes about eight hours to do. It's created from a Canadian-based organization in BC that specifically talks about how to create and better maintain inclusive space within a healthcare setting. Moving forward, I want us to maintain a lot of the education resources for the future council. If anyone has any questions feel free to raise your hand but you can also reach out to me if you ever want to talk about anything regarding EDI. I love discussing about queer feminist scholarship so if that also interests you hit me up. That is it for me so I'm going to pass it along to our next agenda item which is an update from our lovely VP external.

8. [VP External Update](#) - Prerna Sharma (10 mins)

- **Prerna:** Hello everyone, my name is Prerna, I use she/her pronouns, I am in the class of 2025 and I am your VP External for this upcoming school year. I just wanted to share some of the events that we have started planning for the school year. Alyna, let me know if you want me to share my screen or what.
- **Alyna:** Honestly, whatever is more comfortable with you. You can share your screen if you want or you can just talk off the slides as everyone should have access to them in the agenda.
- **Prerna:** Okay, I don't think I'll share my screen if that's okay.
- **Alyna:** Yeah of course, does everyone have access to the slides? They are linked under Prerna's Agenda item. If there are any issues I can pop the link in the chat.
- **Prerna:** Okay so, I have the responsibility of planning events for Movember and these events are just to fundraise and raise awareness for prostate and testicular cancer with a focus on men's mental health. The first thing is Rx Factor which is our fun little talent show that we do every year. I know it's been online for the past two years but we do have plans to have it in person at the Myer Horowitz theater. There is also a little after party planned and we do have a tentative date on Saturday, November 19th so make sure everyone is off so that they can come. We recently had a meeting with the Movember committee to raise awareness and see how we can raise money and give back to the community this year. There is also the

dent-pharm hockey game that we are organizing right now, this is being changed to a PAM initiative and it is changing dates from November to the springtime, sometime in March. We have a bunch of events happening from let's October to December such as our Rx Factor, karaoke nights, board game nights, and I will keep everyone updated on what is happening. I'm also very open to opinions and ideas so anyone has any please reach out to me on Facebook or whatever is easiest for you. Also if you do want to be involved in the planning process and have a say on how these events are executed please do not hesitate to hit me up. and just having to stay in like how this is executed please do not hesitate to hit me up. We also have unweiloween which is a Halloween event where we unveil all the contestants that are going to be in Rx Factor. This is normally a pub crawl but we are trying to be more inclusive this year so we were thinking of a pregame or pre-party where all the contestants pop in and then we can end the night at a different location. I think that is it for me.

- **Bojana:** Thank you so much Prerna, Justine time for your update now. If you also wanted to just introduce yourself to everyone with your name, pronouns and any fun trivia about yourself for the people.

9. VP Social Updates - Justine Ramsundar (5 mins)

a. First Year Orientation

- **Justine:** Hi my name is Justine, I use she/her pronouns, and I am the VP Social who has the wonderful job of planning fun events throughout the year. I have no fun facts about myself at this point in time I can't think so take that as it is. Anyways so first up on my agenda item is a first-year orientation which is coming up this Tuesday and I am stressed because I've never had an in person orientation, no one here has, so I don't really know what I'm doing but I made a plan and sent it out to my lovely volunteers so if you haven't read the plan, please do. I need everyone to be there at 8:30am but orientation does not start until 9am so rise and shine to all my volunteers. I'm happy for the Class of 2026 that they get an in-person orientation and I hope that I make it a fun day for them.

b. Mint Cup

- **Justine:** This also ties into the Mint Cup which we are doing again this year. I got Mint Health to sponsor us again this year which was scary because they were thinking of scrapping it. But with that being said, we have bigger and better prizes this year. It changes because Mint is giving us 12 Oilers tickets to raffle off and each seat is worth \$400 and we will have 1-2 per prize draw. Also for teams that are in the lead of each prize draw, they will get a pizza party or a go-kart night for the winning team of the month to enjoy to foster some friendly competition. I am still working on the logistics of this though because the same team wins every single month, I don't want the same people to be reaping all of the benefits so it is still in the works and I am trying to figure that out. I know last year to be into the prize draw each month the individual had to score over 20 points for the month and if they did then they got introduced to the prize draw. I want to do the same thing this year but we will have individual points as well as team points. So let's say an individual scores 20 points by themselves, they can get 22 of entries into the September prize draw but if the entire team itself gets over 150 points, then everyone on the team also gets put into a prize draw. I feel like this will be encouraging to both individuals and teams and let's say your team is not pulling through, you yourself can still get entered into the prize draw. Oh yeah and this year I want to bring back Mint Cup activities to encourage teams playing together a bit more and getting to know each other. I am thinking that every month there's going to be a team activity, for example in September we have Mint Cup Banner Competitions and then in October we have the messy Rx challenge to encourage team building and to get the Mint Cup competitiveness back. Hopefully this makes it fun again, I wasn't the biggest fan of online but now that we are back in person I have high hopes for the Mint Cup. Okay, that is all I have to say about that.
- **Bojana:** Did you want to include a Blue and Gold Update too?

- **Justine:** Um sure. So we have booked a hall, we have the Mirage booked and this is in Bonnie Doon so it is pretty central this time. There are bus routes as it is in central Edmonton so I don't think it will be as far for people as the hall was last year. Julia did make the deposit the other day which is amazing. We are cutting back on decorations this year so it is a bit more budget friendly and honestly I don't think people cared too much about the decorations. I'm looking to bring back the punch bowl as well so stay tuned on that. And I also want to make a poll on themes this year and release it for everyone to vote on to encourage excitement.
- **Julia:** I was just going to say that I'm good about being budget-friendly and we have it set right now that APSA member number ticket prices are \$45 and then non-APSA member ticket prices are \$65 to help make ticket prices more financially inclusive
- **Justine:** Yes, thank you Julia. That is all I have. If anyone has any questions or concerns on what I am doing with this role feel free to message me.
- **Bojana:** Thank you Justine and Julia. Next is our Community Education update from Theresa. Theresa if you just want to briefly introduce yourself that would be great.

10. Community Education Update - Theresa Nguyen (10 mins)

- **Theresa:** Hello my name is Theresa, my pronouns are she/her and I am the Community Education Director for this year. A fun fact about me is that if you can't find me on campus, I am probably sleeping in the APSA Lounge so just a fun fact. I just wanted to talk about what I've been doing this summer and a little update on community education. I just got the community education presentations approved which is super exciting. Hopefully these presentations will be in-person if things keep going well or online depending on teacher preference and parent preference. I'm going to write up all of my stuff and then we will get it started. I am planning to start it in early October so that gives a month or so to prepare and then also for any first years that haven't had interactions with people yet they can at least practice interactions in the skills lab. Because we are moving more in-person, I am hoping to have a bit more volunteer opportunities so that's nice. We have the presentations which would be a sign up basis based on your availability, you can do as many or as little as you want. If we are still able to still get Mint Cup points for that I can keep track of how many people do a presentation and then we will also have that draw. I saw that we are doing Blue and Gold tickets now too and the only thing with that is that you would have to sign up and complete a presentation before March to be entered in the winter draw before Blue and Gold. This is because we will have to deal with the winter draw before then. I also want to discuss the other volunteer opportunities that I am planning. We have the WISEST Conferences which has two conferences, one is for high school students and one is for elementary students. We also normally have a compounding lab which is super fun, it is kind of expensive to get materials as everything is expired but that's okay. If anyone wants to be a volunteer for either of those, I will need some volunteers for that. Then another big one is also Science Fundamentals which is happening in-person. I still need to figure out what kind of activity we want to do for that but it might be an escape room. Those are all my updates, I put in 10 minutes just in case there were any questions for me. I also reached out to be BPSA and the LGBTQ+ PhSc to see if y'all wanted to incorporate any educational materials into the presentations. If anyone else here wants to hit me up on any volunteer opportunities that might be relevant to community education or if you wanted to make any changes to any of the presentations, feel free to reach out. You can message me on Facebook, email me, or text me. Oh also for PAM, I do want to continue the Pharm 101 mini-topics which were lunchtime sessions where people presented on a topic. If this gets approved by the faculty and we have students interested in presenting I think it would be a great thing to continue. What questions do you have for me?
- **Bojana:** That was exciting and super great. Community education is super cool and I am super excited to hear that it is back in-person because we have not experienced that except for some of the 4th years. I will move onto the next agenda item now which is from Mankirat.

11. VP Student Services Update - Mankirat Sarai (5 mins)

- **Mankirat:** Hello everyone, my name is Mankirat, my pronouns are she/her and I am VP Student Services for this year. I don't have a fun fact about myself it's too early for that, but if I see you again later today I might have one by then. So with my position, I chair the Space and Wellness Committee. A lot of the events were canceled and moved online the past couple years obviously due to COVID but this year we're planning on being in-person so I am aiming to bring back the events that were held in previous years. This would include things like the spicy Ramen challenge or a puppy therapy, things like that. I'll also be collaborating with Justine or VP Social for many of these events because we had a lot of overlapping ideas. In addition to that, the groups for the APSA mentorship program are formed and we want to encourage team building. There are a lot of collaboration and fun events to look forward to this year. Along with the Space and Wellness committee, my role also extends to the maintenance of our students' spaces. We need to keep all the spaces such as the PBL rooms clean and well maintained. This year I will also be placing wellness bags which were previously removed due to COVID. I think these bags typically had things such as board games and stuff like that. There's also going to be snacks. Finally, I just wanted to give a quick update on the APSA membership cards. These are cards that we get sponsors so that we can get discounts off on restaurants or services. Unfortunately there will be a delay in getting these out to students this year as I'm having a hard time reaching up to the printing people. I do have a sponsors ready, I just need to get them actually printed on the cards. I do hope to have them ready by at least the second or third week of September. I wanted to have them out now so you can get them to the first years at orientation or you at least back to the school, but there will be a delay. Everything I'll be doing is very similar to how it was done in previous years, these are just some of the changes that I wanted to make you aware of. Thank you.
- **Bojana:** Thank you Mankirat, next up is Talia.

12. [VP Fundraising Update](#) - Talia Santarossa (10 mins)

- **Talia:** Good morning everyone, my name is Talia, I am APSA's VP fundraising for this year and I'm from the class of 2025. I don't know if this counts as a fun fact but it's always a really fun one to whip out at parties but when I was a kid, I had a fish named Carl and Carl died of constipation 2 weeks after I got him- so that is that is my fun fact. All right, so I'm going to share my screen because I just have a couple of slides to go through and I just find that it makes things a lot easier to explain what I'm going to go through, so I'm just going to share my tab here. All right, so can everyone see my screen? All right, so I know I'm getting a little bit ahead of the agenda because Julia our VP Finance hasn't spoken yet but spoiler alert there is a lot changing with APSA's budget this year and how we deal with money so as a result that changes how I do things from the fundraising side of things. I'm going to go over the overall scheme of fundraising for this year, the options that we are offering in our sponsorship package, talk a little bit about what the fundraising committee is going to be doing, and then talk about how you can all help me. So first of all, as I mentioned, things are really changing with the budget this year for a whole bunch of reasons but I'm not going to get into that but now more than ever we need to turn to our outside sponsorship to ensure that we can still have all the wonderful things and I hope all the great events that we've all come to expect and are looking forward to, especially because we're moving back in person this year and we actually have the opportunity to do so. We've actually completely revamped the sponsorship package that we are going to send out to individuals, groups, and businesses that might be interested in sponsoring us. We have split it up into four categories of large events, other events, awards, and odds and ends. The goal of the changes that we made to the sponsorship package are to increase our desirability to sponsors and to be transparent about exactly what they're getting. We feel that this makes us look more organized and I'll get to that shortly. So the first of the first options that were introducing it to the sponsorship package is our largest events. This is mostly just Rx Factor and Blue and Gold and each event in this category has its own little table like we have on the right side here with three different tiers of sponsorships. So if a business or group wants to sponsor just a single, it would pay \$500 for their logo and that would be in the pre-event

information and it just kind of moves up from there in what they receive and cost. The title sponsor form can cost up to \$5,000 with a whole bunch of other stuff and I think we're really hoping that we can get title sponsors for both of our big events because that would be a lot of money that can be put back into APSA's budget and it would allow us to do a lot of other things. The next option is our other events, so that's all of the smaller events and most of the things that Justine is putting on, for example a lot of the PAM stuff, some of the sports events etc. are in this particular package. In this package, a sponsor would select any three events that they are interested in and there are 44 different price tiers that they can pick based on the level of engagement that they are willing to have with us. For example some tiers get them to interact directly with students and allow them to be able to give a short presentation of their own and others just allow them to be recognized as a sponsor. We were hoping that we can get several of these because again these are cheap especially compared to the larger events. Next up we have APSA awards. If any of you went to Blue and Gold last year or have been around for a while you know that every year APSA gives out money to the student body. We are also introducing an Ad-Hoc fundraising committee just because there's been so many changes with how we're doing the fundraising this year and it would be really super helpful for me to have some folks to help delegate some of these tasks and to help build and maintain relationships with our sponsors. Committee members will help liaison sponsors, sponsorship packages, and relationships. This is still kind of TBD because we haven't decided if we're going to be doing this again, but prior to COVID both Rx Factor and Blue and Gold used to have silent auctions and it was up to the VP Fundraising to acquire donations of items that would be auctioned. We're still debating on whether or not we're actually going to continue doing that this year, but I think that it's a really good opportunity to create some new connections with businesses that aren't specifically targeting pharmacy students per se and wouldn't necessarily want to be super engaging with us but you know to also create connections and get their name out to other people. The donations are maybe worth like a couple hundred bucks a piece so it's not super expensive or too heavy on the sponsors. Lastly is how can you help out with what we're doing with fundraising this year. I would say that the biggest thing that we need right now is a list of organizations and businesses that we can reach out to. I have a small list that has been given to me by some of you by some of the other executives and some I found by just digging through a bunch of old documents but if you have ideas please do send them my way. I really appreciate any opportunity that I have to reach out to someone that we maybe haven't thought about before and even better if you have a personal connection to someone, a business, or pharmacy that you think would be an awesome sponsor for APSA and that you know is interested. When you already have a connection to them, it makes it so much easier to approach them because then I'm not like a random stranger asking for money. That was all I had so I'm happy to take any questions but if no one has any, I'm happy to just pass it back to Bojana then.

- **Bojana:** Thank you Talia for the update. Alright, the next person on the agenda is Jazzi who is our CAPSI senior. I am not sure if the junior will be a part of the update as well but I will pass it over to them. Jazzi if you just want to state your name, your pronouns, and a fun fact if you can think of one.

13. CAPSI Update - Jasmine Ly (10 mins)

- **Jasmine:** Hopefully you guys can hear me and not the air conditioning unit beside me but as Bojana has introduced me, my name is Jasmine but everyone just calls me Jazzi because it's better and easier, my pronouns are she/her and I am this years CAPSI Senior. Zach is also the CAPSI junior and Zach, if you have anything to say just feel free to unmute yourself. I think Zach has linked the presentation of what I was going to talk about today in the agenda so I'll just talk about it and not share my screen because I think if I share my laptop's going to die. Feel free to go to the PowerPoint because I put fireworks on the 1st slide so it looks cute. I'll start on the CAPSI events that we're hoping to have this year. There really haven't been a lot of in-person things happening because of COVID but I am going to fight for them this year. Zach and I are hoping to bring everything back to life and have these in-person events. The first one we have is the Run for the Cure, that's the first one we are planning and it is going to happen on Sunday, October 2nd, in person this year. I believe we're planning on meeting at the legislature, it's still TBD but that's the likely meeting spot. For that we're also planning to have prizes for the top fundraisers and there will be a post

soon on the Facebook page and so you can join the UofA Pharmacy Run for the Cure team shortly as well. So yeah, that's going to be coming up so keep your eyes out for the APSA Members Corner post. We also have the second base event and we are planning this with both the Sports Representatives. This is a softball tournament and also a fundraiser I believe. We never got to have it last year because it got canceled last minute due to I think like a spike in COVID cases. There is also supposed to be a barbeque following the tournament and I'll talk to Justine about that but keep your eyes and ears open. Then we also have the CAPSI competitions starting up as well and it is most likely going to be held in-person, unless something were to happen but you know we're going to hope for the best. Also now that we are able to have everything, mostly everything in-person or hoping to, the winners can advance to the National competitions so you'd be competing with all the other pharmacy schools in Canada which is quite fun and obviously we're going to win because we're the best. Next we have the blood drives going on, I don't know exactly what to talk about this as Zach is the one running it so if you would like to speak on this that would be great.

- **Zach:** There's not really much to chime in on about this and we're still kind of in the baby stages of planning. I have reached out to the UofA as they have a committee specifically for the blood drive and it would be a lot easier to book appointments and funnel them through this channel rather than taking on the burden of booking and canceling the appointments myself. But yeah, that's about it.
- **Jasmine:** Thank you Zach. Back at it we also have PDW which is very exciting and this year it will be held in Saskatchewan so that's even more exciting. More information regarding this will be coming soon. I don't think anyone here except for first year has gone to an in-person PDW but yes, this is super exciting. Lastly, for PAM 2023, it will be run similar to last year. Last year was the first time we could have events somewhat in person so we are going to keep that going and have even more events in person. That is just a little update from the CAPSI standpoint. Zach do you have anything else to add? If not, thanks for listening guys, I am going to pass it back to Bojana now.
- **Bojana:** Thank you Jazzi and Zach. Next up is Karanvir who will be giving us an update on CSHP.

14. [CSHP Update](#) - Karanvir Deol (5 mins)

- **Karanvir:** My name is Karanvir, I use he/him pronouns, you guys can just call me Karan, I feel like that's easier for everyone and I'm your CSHP representative for this year. I don't really have any fun fact right now, I'm not much of a morning person but maybe when you see me this evening I'll be a little bit more interesting. I do have a slide set so if you'd like something to look at feel free to open it and follow along as I speak. So basically I just have an update on some of the CSHP's conferences and the CSHP Alberta Branch Symposium which is also known as CABS. All of the details just came out a few days ago so this is going to happen on Saturday, October 1st and there is a \$60 fee for non-members but it is free for CSHP members. This is basically an annual event to kick off the new year cycle. It is still a little ways away but it is something to look forward to. I will also post reminders about it on the APSA Members Corner page when the date is approaching. Some other interesting events we have is the top trials of 2021-2022, a suicide awareness presentation, a managing alcohol consumption presentation, and there's also some research poster presentations planned. Like I mentioned, it's just the annual meeting for everyone to transition into their rules for the following year. This event did take place online for the past couple of years due to the pandemic but this year there's going to be a hybrid format. There will be an in-person dinner and awards ceremony networking event in Calgary at 7 p.m. October, 1st at Winsport in Calgary. I personally won't be able to go because I'm pretty sure I work that day, but if you're able to make the trip out to Calgary or if you're in Calgary anyways, I definitely recommend stopping by it'll be a fun event to get to know some of your future pharmacy colleagues and to get to know more about the profession and networking. We also have the Canada Hospital Pharmacy conference and a lot of people know this as a Banff Conference. This is an exciting event that occurs annually. I don't know if any existing students have actually been to one because they went online halfway through their first year when this was supposed to take place. Many of the details are yet to be released and I will also look at transportation to Banff for us. CSHP is pretty

consistent from last year to this year but we are looking at a membership appreciation event this year, this will probably happen at some point after the students symposium so keep an eye out for that in early October or late September. It is just going to be a fun little event and we can watch a movie with some of your classmates, get to know each other, and yes, there will be free pizza. So if you guys have any questions you can ask them now otherwise I am done my presentation

- **Bojana:** Thank you Karanvir for that update. Our next update is from our finance queen and VP Finance, Julia. So Julia like everyone else, if you want to begin with an introduction and then get into your agenda topics.

15. Finance Update - Julia Tran (25 mins)

a. 2022-2023 Financial Practices, Policies, and Procedures

- **Julia:** Hello my name is Julia, I use she/her pronouns and a fun fact is that I am currently working on my verbal communication skills which is kind of fun. I'm not very good at it but I am practicing so please bear with me. I don't think I'm going to go over the document that I made and posted on the Facebook group because I don't think I need to and it would also be very time consuming but if you have any questions about it, please let me know and I will be happy to explain. However, I do have some other things I'd like to talk to you guys about. The first thing is that I have a committee member on Friday and she's so good. She's going to help me with managing the budget, reimbursements, etc. because that's a lot of work but yeah her name is Jennifer and she is in the Class of 2025. The first thing I want to talk to you guys about today is how to get reimbursement or how to ask us to pay you back for stuff that you purchased. There's two forms that we've made and it's a bit of a new process this year. We're trying to see what works best and I am going to share my screen and show you the reimbursement request form. So this is the one that I'd like to ask you to fill out when you've used things from your personal credit card or what not to buy things for your portfolio. I will then reimburse you and then the second form one is a payment request form. For example, I've just sent the Mirage Hall deposit that needed to be done so that was \$2,000 and if you can fill out this form along with the deadlines that the vendor wants the money from I can get that payment to you too. You don't have to pay for yourself for specific items such as the down deposit for Blue and Gold as \$2000 is obviously a lot to ask you to put on your credit card until I can pay you back. For big purchases like this or any time you don't want to have to wait for us to pay you back just reach out to me and I can make the payment myself. We went with these two forms to trial in September and see how they go. In the past, the VP Finance would monitor the bank account themselves on a daily basis and then reimburse people but I think that these methods will be more efficient and will ensure that I don't miss anyone. This year we are also compiling all the reimbursements together so we can make a table with the submitted reimbursement requests. If you could help me out by also getting the receipts in on time and taking full photos of them so nothing is cut off, I would really appreciate it because one way or another I need to get those in. We may need some time to get them all done together as opposed to us always watching for them and me paying for it as they come is just a little bit too much work and I think this will be more efficient. Plus the nice thing is that I need a lot of documentation this year to ensure we can keep our student group status as per the Dean of Students and this will make auditing a lot easier to manage versus emailing back and forth asking for receipts. Personally, I think this will be a little bit better and quicker. Also like I mentioned, if anyone really needs that reimbursement ASAP, of course just reach out to me and once I figure it out and I'll get back to you with a copy of the request, if that's okay. The next thing I wanted to talk about is the memorandum of understanding which is a fancy word for a contract. I am going to break this up and try to explain it because we are in the process of seeing which portfolios are going to be affected by our MOU funding this year. So for example, the MOU pays membership fees and then APSA uses those membership fees to do our stuff. The MOU is another source of revenue for APSA and when students pay tuition it goes into a market modifier fund and this is reserved for faculties to spend it on initiatives that are for student development such as maintaining the PBL rooms. The faculty has access to it and every year the VP Finance negotiates our MOU's and this year we are going to add both VP Fundraising the President to be present during this conversation as we go through negotiations with the faculty to see they are going to be giving a certain percentage of the MOU to APSA as we are for

student betterment. As of right now, in terms of getting the money, especially in terms of the change to the College of Health Sciences, I am still in the process of figuring this out with Christine Mah, the Faculty General Manager. I have to go through the Faculty's Councilors and it would take around 3 months to get reimbursed so I am praying and hoping it is not like that this year. The other thing I wanted to note is we will be factoring in the exception tuition increase to ask for more funds this year. In my head, due to the tuition increases, there will be more money in the MOU so more money for APSA. I just wanted to let you all know because if you have expenses in your portfolio that are affected by MOU's it might not be this year so it'll be quite hard to get funding this year. I'm sorry about that but those are the cards that we've been dealt with this year in terms of finances. I will update you on how this is going to work once we finish negotiations. The next part is for those who get covered by the MOU. Some more information is in the contract, for example, if we get \$5000 by the Faculty to pay for Blue and Gold but we only end up using \$3000, we will lose that \$2000 as we are not allowed to use the leftover money and allocate it to other events. Therefore, it is super important that we use all of the MOU's that we receive this year or else we will essentially lose it but it is an important piece of information to keep in mind.

b. Budget Amendments

- **Julia:** The next thing is staying within the budget and ensuring that we stay on track. The first thing is what our budget looks like, all of the changes that we made are in the document that I sent out earlier. We have a lot of events so this is great. We will be offering a lot to the Class of 2026 and I will be presenting this to their class during orientation to motivate them to join us. To help us stay within the budget, I am going to try something new where I report our budget status to everyone monthly. This will give the team to see if we are underspending, overspending, and to see if we need to make any adjustments. I want to create more flexibility within the budget and I am going to treat this as a guideline. Thus, we might spend more, we might spend less, or we might follow it to the tea. I wanted to let you all know that I am working really hard to make sure that the budget stays within our funds. We are really working on sponsorships this year as Talia mentioned and negotiating with the Faculty so we can potentially have more funds to play around with. I do want to treat the budget as flexible as we can and make it attuned to everyone's needs. Other than the monthly budget update, I also want to check in with each councilor to see how you're doing with your budget and to ensure that we have enough money for you. Therefore, we can see if we need to increase, decrease the budget etc. The last thing that I need to talk about in this meeting are the budget amendments. The executive council did approve the budget in mid August and that is when I sent out an email and posted about it on our Facebook group. However, I accidentally forgot to include the Blue and Gold prizes to the document when I added them. Thus we're about \$1300 over budget at baseline but I will have to request another budget amendment which will make us \$2200 above. I did get some advice from a financial professional and he reminded me that the budget will be changing and we can start out a bit over the budget and we should be able to move forward and reassess this at the end of september. That was the first amendment and the next one was from the 4th year social representative, Kartik. This year Kartik discussed that he wanted to create supporting hangouts within his class as everyone is very spread out on rotations. He suggested doing hangouts in every block to help support his class. He wanted to have a budget to support hangouts in the 2 major cities, Edmonton and Calgary in each of the 4 blocks. However, when the executive council was working on the budget, we removed the request for Edmonton hangouts but kept the Calgary ones. From our perspective, the fourth year students on rotation in Edmonton can come to any of the APSA events we put on and they have access to lots more resources being in Edmonton. We did accept the budget increase to support the Calgary hangouts however, the social rep does want to get the funding back for the Edmonton hangouts which would be \$6000 due to the concerns that APSA events do not share the same environment as a classroom hangout. During smaller class hangouts they would ask questions, get help, discuss their rotations etc. Additionally, the other thing is that APSA events are traditionally held during times that don't fit well with the students on rotations and do not cater to the 4th years as much as they do to years 1-3. I may have explained this poorly so I will let the 4th year Social rep to help out and explain his perspective and then after that, I wanted to open the floor and bring this up to discussion.

- **Kartik:** Thank you, Julia. Those were my main points. The main thing I wanted to say is that APSA events are not the right environment placement for us to see each other. I want a social setting where we can discuss rotations, tips and tricks, and I just don't think that an APSA trivia night is the right place to do this. Thanks.
- **Julia:** Other than that I will ask Bojana for guidance on how to move forward. I was hoping to motion for the general council to approve the budget as well.
- **Bojana:** Wait, did you say that you have another amendment that would increase our deficit?
- **Julia:** Yes, I forgot to factor in the cost of the Blue and Gold prizes which is totally my fault and I apologize for that.
- **Bojana:** I'm trying to think how to move forward but it's tough for the general councilors to understand and approve the budget without the context of the other things that we cut. The budget has been a very grueling process and we worked on it a lot over the summer. I just feel like it's kind of fair to approve certain changes but give no airtime to the other things that we cut, especially if it affects other councilors' portfolios. It's not that I liked any of the budget cuts that we made and it was a really weird process to collectively try to pick and choose where we would cut things and we tried to think about the student experience above all. In light of equity, I don't think it would be fair to give airtime to these couple of budget amendments or reasoning but not to all of the other ones. But I'm also trying to be cognizant of the fact that it would take a very long time to fully go through all of the budget cuts so I'm a little bit conflicted on how to go about that. Also, given that we haven't finished our Faculty negotiations or sponsorships it is so hard to think of our source of income when it's not even finalized yet. There is just so much uncertainty still. Julia has truly been genuinely spending genuinely full-time hours working on this budget stuff so I just want to paint a picture of how convoluted this whole situation is. I'm going to throw every single one of the executives on the spot to see their opinions on how to approach this. I won't throw anyone else on the spot because it's the first time we're having a meeting together but I love throwing people on the spot.
- **Alyna:** I totally understand what you're saying Bojana, however, I just don't think it is plausible to explain every single budget but that we made. I think that Julia has worked super hard to have conversations with every councilor to understand their values and goals and she also did make that document for everyone to read prior to the Summer Retreat to bring up any budget amendments that they had in mind. Also, in the constitution it does say that the budget just has to be approved by a "council" it does not specify if that means executive or general. Further, it says that the budget amendments have to be specifically approved by the general council during the summer retreat. I get what you're saying. I just think it would be too time consuming to go over every single change and I don't think we have that time in this meeting.
- **Bojana:** Thank you for the comments Alyna, I'm going to pass it over to Prerna next.
- **Prerna:** Well I think that you've got a fair point when you say that everyone really needs to go through the budget but I'm not sure how those meetings were over 6 hours of discussion. I don't know, I think we need a little more time with amendments if I'm being honest. I just don't know how we can make it fair to everyone as there are people that aren't on the executive council that were not present for those conversations. I think this may need to be a longer conversation.
- **Bojana:** Wait, I see that Kartik made a comment. I'm just going to read that.
- **Kartik:** I just wanted to ask if I can just keep my Calgary social rep budget and then spread it out to Edmonton events too? I can treat it as sort of a pooled budget rather than needing more money. I'm not sure if that's allowed but I can just spread it out to both cities.

- **Bojana:** I feel like I know what Julia is going to say, but I will let her answer this question.
- **Julia:** I feel like I can treat this as a case-by-case basis in terms of reallocating funds to certain budget items. However, I have no issues with that because at the end of the day the councilors make sure that however that money is spent, it is still with an agreement to what council approved on and the expected values and principles. However, I do want to see what everyone else has to say, I want to get the confidence that you all agree with this decision prior to us moving forward.
- **Bojana:** Just to clarify then, Kartik and Julia, would you both be comfortable with moving forward and using the social rep budget as a general pool of funds to spread out within Edmonton and Calgary hangouts?
- **Julia:** Yes, with the approval of the rest of the council.
- **Kartik:** I would be okay with that too.
- **Bojana:** Okay, perfect. I also do want to encourage everyone else to submit budget amendment requests if you don't think that something is fair. We may have to delay the process of approving the budget amendments but I just want to be as fair to everyone.
- **Alyna:** Last year, I'm pretty sure we made budget amendments all the time, I don't think they all need to be done together in unison.
- **Bojana:** Oh okay, we can just do these two today then and then if anyone has any other amendments feel free to bring them up.
- **Julia:** As long as everybody else is okay with spreading out the social rep budget, I have no problem with that.
- **Bojana:** Okay and Kartik is okay with it too. I think we just need to do the Blue and Gold budget amendments too then huh. Before I move forward with the budget amendments, is there anything else that you wanted to discuss in your finance update?
- **Alyna:** If there is nothing else we can just move forward with the motion then. We can just make a motion about the Blue and Gold budget allocation since Kartik will just be spreading his budget out so this wouldn't affect our overall APSA budget.

Motion: Be it resolved that APSA General Council approves a budget amendment of \$900 to go towards the Blue and Gold budget allocation for the 2022-2023 academic year.

First: Veronica Second: Talia

All in favour.

None opposed.

Bojana abstains.

Motion carries.

- **Bojana:** Well, those are all the updates from the executive and general councilors. I think the next portion is all Alyna going over further housekeeping stuff so I will pass it over to you.
- **Alyna:** Thanks Bojana. Just before I begin my section, I was thinking we could take a quick mental break to go to the bathroom or grab a snack and reconvene in about 8 minutes? Considering we've been talking for over 2 hours I think we all need a quick brain break. Feel free to turn off your cameras and microphones or just leave the call and come back. We can meet back at around 11:15am to go over my section then.

16. [Event Google Spreadsheet](#) and Room Booking Requests - Alyna Dattoo (5 mins)

- **Alyna:** I wanted to first thank Julia for making this event Google Spreadsheet for me while I was on vacation if everyone could fill this out when they are planning a tentative event that would be greatly appreciated. It is linked in the Google Drive under the Garlock-Nikic folder and I think it will be super helpful to try to organize events. Whether the event is confirmed or tentative please document it on this spreadsheet and fill out the resulting information- it will help me a lot with scheduling as well as Julia with the finance side of things. Also, I made a post in regards to room bookings a few weeks ago but I just wanted to reiterate that if anyone needs a room for APSA I am the one who needs to book it through the university as the student group is under my name for this. According to university policy, we do need to give them at least 10 business days of notice so keep that in mind if you are planning events. If you need a room please fill out that Google Form and if you could also send me a message on Facebook that would be great as well just so I can stay on top of the bookings.

17. General Council Meeting Times - Alyna Dattoo (2 mins)

- **Alyna:** Bojana and I have decided that our meetings for first semester at least are going to resume online via Google Meets as it makes it a lot easier for students who don't want to stay on campus until the evening time, are sick, for 4th years who are on rotation etc. We are going to try this out for the first semester and then make any adjustments as needed for the second semester. I was looking at each year's Google Calendars and I do think that the best time to have these meetings are Mondays at 5pm. This is when they were last year as well and it really worked well for everyone's schedule. The general council meetings will happen bi-weekly and the first one will be held on Monday, September 12th and then it will be recurring every 2 weeks after that.

18. Executive Council Meeting Times - Alyna Dattoo (2 mins)

- **Alyna:** The executive council meetings will also be every 2 weeks alternating with the general council meetings. They're also going to be held on Mondays at 5pm and the first one will be held on Monday, September 19th.

19. APSA Office Hours - Alyna Dattoo (2 mins)

- **Alyna:** Office hours are going to look a little bit different this year in comparison to how they have looked in the past. They will be held every Monday, Wednesday, and Friday during the noon lunch hour online, however, feel free to use the APSA office as a space to hold your office hours in. Unfortunately during the last few years there has been very low attendance in office hours from the student body and during my time as class representative last year, not one person attended my office hours. There was lots of pushback from councilors last year stating that these office hours were a bit of a burden as no one attended them, thus to mitigate that problem this year we implemented a 10 minute rule. Thus, if no one contacts you within 10 minutes of your office hour, thus at 11:50am of your respective time, you are not required to attend your office hour. Hopefully this new rule will help you only attend your office hours if someone is planning on attending which will be a more efficient use of your time. I also feel like an issue we had last year was that people did not know about the APSA resources we offer such as office hours so I am hopeful that if we advertise them well to the student body we will get more engagement.

20. [How to Navigate APSA Members Corner Document](#) - Alyna Dattoo (5 mins)

- **Alyna:** Okay the last thing I want to talk about because I feel like I have been talking forever is about a document I made in the summer. I wanted to make a document that included everything APSA had to offer, where to find these resources, and how to use them. I want to pin this to the top of APSA Members Corner as well as send it to the Class of 2026 students who purchase their memberships. Bojana and I also

discussed making a Google Form for people to submit their feedback on how we can improve so that is listed in the document as well. If anyone could please read this over and let me know if you have any additional comments, things to add, or any edits that would be greatly appreciated.

- **Julia:** Would we be able to get the class reps to post about this too?
- **Alyna:** Oh yes, I totally forgot to mention this. I am going to send it to the class representatives as well so they can include it in the housekeeping tab of their weekly emails. I hope this will also encourage students to purchase APSA memberships if they haven't yet by displaying what we have to offer.

21. Faculty Committee Assignments - Bojana Nikic and Alyna Dattoo (5 mins)

- **Bojana:** Typically during the summer treat, the President will assign folks in APSA to faculty committees to volunteer but this summer it is going to be a bit different. I have been one of the individuals who is working with faculty to role allocation along with Alyna. However, this has been a bit of a more sensible meaningful process than they were anticipating, and we have been speaking with both Ken Cor, Raymond, and Jill Hall. Ken has been managing the amendments to the faculty committees and we are trying to go about the best way to do this. At this moment in time, they are not prepared to allocate roles from the student body to the committees and after speaking with Alyna, we wanted it to be more fair to all students in terms of who wants to be on student advocacy. Therefore, we want to open it up to all students, not just APSA representatives. The nomination process may include a letter of intent and then they get to choose who sits on what committees. Then if there are still open positions on committees that are not filled, I will come to the APSA general council to see if anyone can step in. That is just a bit of a change to the process this year and a little update for you all.
- **Alyna:** Just to add to what Bojana is saying. We wanted to increase the perspectives and try to increase the representation on these student committees which is why we are suggesting opening it up to the larger student body in the first place. We want to make this the most fair process and believe this will help every student to have volunteer and networking opportunities to engage with the Faculty. Also, I don't think it is fair to keep all of these opportunities just within APSA. Like Bojana mentioned, we do have a meeting coming up with them all soon and we will update you all once we have more information. There is a list of the open committees and positions that will be shared as well as how many people are needed on the specific committee as well. Also, as Ravina has switched positions, our Faculty Representative for the year will be Jill Hall and she will likely join us during our first General Council meeting to share some of the things the Faculty has been working on over the summer.
- **Julia:** Would you be able to share or talk about some of the Faculty committees that are open?
- **Bojana:** There will be a document that will include them and the proposed amendments but I am not 100% sure if I am able to share that yet. Things are not yet set in stone but there is quite a long list of committees. Just like last year, some of them are the Research Day Committee as well as the Curriculum Committee which is just open to the first year class representative right now. It's all very much up in the air right now, but as soon as Alyna and I get more information we will share it all with you. Does anyone have any questions or concerns? We can also pass any feedback along to Dr. Cor and Dr. Hall. I am not seeing anything so we can move onto the next 2 agenda items which will not take too long at all.

22. Question Period - Bojana Nikic (10 mins)

- **Bojana:** I've been talking for a very long time and there is an allocated 10 minute question period. I know that some of you don't really know me and I don't know if I have necessarily shed a lot of light on my values as the incoming president so I just want to put myself in the hot seat for a little minute here if anybody has any questions or concerns. I wanted to open the floor and give you an opportunity for anyone who would like to ask me anything.

- **Julia:** I know by working with a lot of the general council over the summer, a lot of people were wondering what our goals of the year were?
- **Bojana:** That is a great question, however, I don't know if I can answer this question or speak on it on behalf of everyone on the council this year. I am not sure if there is just one person that can make that call because there are so many voices and experiences that can add to our goals. I think this is going to be a very collaborative process and I can answer this better when we collaborate and work on our roles. I think it is going to be a very additive experience to us all and this will affect the trajectory of our actions. I think that this is going to be every exciting, very in-person year and we are all going to experience many growing pains but lots of successes as well. For me, I am more concerned with ensuring that everyone feels heard, welcomed, and supported by APSA. I encourage you to talk to any of the executives but I am here to give you all a grounding and supportive energy to everyone. In conjunction with support and openness I want to ensure that I am doing a lot of work and putting in effort to make sure that everyone feels heard. I am someone that works on being non-judgemental and making more equitable standards for students. I don't get everything right and I am expecting to make many mistakes this year but I am excited to have conversations and shed light on things that I have noticed from my personal experiences. I think that it is hard to give a rundown based on the things that I have done this summer focused on more equitable standards and social initiatives. However, I am very excited to shed light onto this and to be there to support others. That is personally my vibe and my values and goals. I'm not sure if that answers everyone's question, but I will pass it along to Sarah who raised their hand.
- **Sarah:** That's okay, we can go to Shanil first.
- **Shanil:** Thoughts on those of us that have big events planned and the anxiety of running these in person when we haven't experienced them ourselves. Expectations? Failures? Supports?
- **Bojana:** Whether it comes to a big event or a small event, I really don't want anyone to feel like they're doing things alone. I've had a lot of these conversations with my executives so I might be sounding like a broken record for them but I really want you to feel like the successes you experience are yours and that you stand in that power over any mistakes or failures that you may potentially make. Any failures or mistakes are not on you, it's a team thing so I really don't want anyone to think that you have to do something alone. Also if you make mistakes or if things don't go well or just don't go as planned, at the end of the day you're a student and you're trying your best and it's a volunteer position. There's so many of us and if one thing doesn't work out, something else will and the world will keep moving. It's just an event you know and I think if things don't happen to go as planned, you troubleshoot and you learn and we move forward. I think that it's really valid and really important to give yourself space and time for any feelings you have including anxiety and stress or whatever it may be. I think that instead of focusing on the anxiety you can stand within the idea of grasping on to the fact that this is a learning experience and it's a very courageous and vulnerable thing that you're doing. Also everyone, wherever you're at in the ladder of event planning, has started out from ground zero, so no one is born a beautiful event planner. I think it's been very interesting for me and very humbling for other folks that I've had conversations with to see how everyone feels. I know for myself that when I started the LGBTQ+ PhSc, in my first year, I had no idea what was going on. I think that the best thing I can say is to just really lean in on the supports in your own life and also professionally with the team that you're working with. There are so many of us in APSA and if I am not the person you want support from, that is okay but find your people within the team that you can trust and lean on. I am really excited for everyone to just network and find people you can grow and learn from. Also, I think a big part of it is like engaging in conflict resolution and just expressing yourself. I think we should lean into everything with openness and curiosity rather than fear, I don't want to invalidate your feelings but maybe tap into more of a curiosity mindset and recognize that you have help and support. I know that a lot of people's budgets have been cut which is really unfortunate and I know it's been really tough to see that happen, but that's just an obstacle you will overcome this year. Just because certain budgets have decreased doesn't mean that we still can't move forward with a lot of things even if

it may not look the way we initially thought it would. I don't necessarily think we should keep our expectations extremely high. I like to think of it more as a courageous thing that you are doing because it is a learning experience. Some people will agree and some people will disagree but the biggest thing is that you will learn from this experience and you implement these lessons moving forward is the biggest thing. I think it's going to be very interesting to see how influential you can be for the folks around you. Ask questions and learn from yourself and the others around you. I can guarantee you I have cried in front of people and I am still out here thriving. It'll be all good, just learn to lead with curiosity and don't forget to laugh. Laugh at yourself and maybe you can expose yourself a year from now today if you're here again. Sarah I will pass it off to you now.

- **Sarah:** For those of you who don't know me, my name is Sarah and I am the second year Class Representative. I heard that we want to post that APSA Members Corner document in our weekly emails but I also wanted to implement it by trying to highlight the current events and like contents and things going on in my weekly newsletters. However, I realize that not everyone in my class will be an APSA member so I wanted to hear your thoughts or opinions on if I should do that or maybe I shouldn't because people are signing up and they won't be APSA Members. Just wondering about your thoughts on how to navigate this.
- **Bojana:** Alyna, do you want to speak on this or would you like me to? Just shake your head on what you prefer.
- **Alyna:** Can you speak first while I gather my thoughts and then I'll share my opinion?
- **Bojana:** Yeah of course. I said that because Alyna was our class representative last year and she absolutely killed her position so I am excited to hear her opinion because she has lots of experience in this role. So I thought it worked last year for our class to receive these types of updates in the weekly newsletters. I know Alyna would make event summaries and also advertise anything that was coming up which was super useful. I think it's still a great way to advertise as notification fatigue and Facebook burnout is so real and perhaps it would be beneficial for the students that don't see the value of APSA and didn't purchase a membership. But I also will say that we do have a bunch of Google Sheets of all the students that are APSA members so it's pretty easy on our end to fact check. Typically, there's very few students that are not APSA members so it's easy for us to see which ones are not members and kind of cross link those students with who's participating and coming to events. If you do think this is a call for concern though Sarah and in terms not advertising to students in your class that aren't APSA members I will leave that door open to you and if you think it's worthy of further conversation but I know that's kind of how we did it before and I thought it was okay. Also, I know even in those weekly emails, we also had updates from like other clubs and folks that had nothing to do with APSA. I think it's just a cool way to better understand their names and missions.
- **Talia:** So I was last year's first year Class Rep for the Class of 2025 which is the same class as Sarah. I personally put all the APSA updates in my weekly newsletters. Honestly you're going to have people who are just going to send you stuff and then they'd be like "hey can you include this in your email?" This is where most of the content comes from is people asking you to advertise on their behalf. If there were certain events coming up, I might have thrown in a little blurb about them but most of it was just people asking you to advertise for them and honestly it was never an issue in my eyes. Plus I know a lot of our class is APSA Members, I think the majority is.
- **Alyna:** I was just going to say that actually your class is unique in the sense that you do have a lower amount of APSA members compared to normal if you look at the percentage of students who have membership. However, despite this, I do think that it is important for you to include APSA events and initiatives in the weekly newsletters. When it came to APSA events, I was lucky and didn't have an issue as the majority of my class are APSA members. I think when it comes to specific events that are blacklisted to members only, you can put in a little asterisk at the bottom saying only open to APSA members, I know

other organizations do this such as events that are only open to CSHP members. Also, don't worry about people coming to events if they are not members because we will double check any blacklisted event to ensure that everyone that RSVP'd can actually attend, that wouldn't be something you'd have to worry about. Anyways, I think you should include it but maybe just put little like subheadings for when events are specifically open to APSA members and when anyone in the student body can attend. That's my opinion, but like Bojana said I would do whatever you're comfortable with and what you think is best for your class.

- **Sarah:** Thanks for the feedback everyone. I just wanted to check because I wasn't sure if there were any measures that I needed to be aware of or if it was a big issue or anything.
- **Bojana:** No, that was a super fair question. Thank you to Talia and Alyna for your thoughts. Does anyone have any other thoughts or should we wrap the question period up?

23. Presidential Transition - Alyna Dato (2 mins)

- **Bojana:** Typically the past president attends and helps the president move along in the summer retreat but unfortunately Garrett was unavailable today so he did ask Alyna to cover for him. I am going to pop out of the call and then Alyna will message me when it is okay for me to come back.
- **Alyna:** Okay, so this is normally done by the past president but like Bojana said, unfortunately Garrett was unable to make it and he asked me to represent him during this transition process. The objective of this is for us to all swear Bojana in as the next APSA president and discuss any concerns we have with her being president. I will open the floor up to anyone if they have anything they would like to discuss about Bojana or any concerns with her leading our team this year. Also we are going to move into camera in a second here so anything that is discussed will be private, confidential, and will not leave this space.

Motion: To move into camera
First: Alyna Second: Prerna

Motion: To move out of camera
First: Alyna Second: Julia

Motion: Be it resolved that as of 11:42am on August 28th, 2022 Bojana Nikic officially transitions into the role of APSA President and Garrett Garlock transitions into the role of past-president for the 2022-2023 academic year.

First: Julia Second: Jasmine
All in favour.
None opposed.
Bojana and Garret abstain.
Motion carries.

24. Additions to the Agenda:

25. Adjournment (11:47am)

Motion: To adjourn
First: Veronica Second: Nick