

APSA Councillor's Report for IPSF Representative – Winter 2020

January:

- Attended IPSF Meeting at PDW in Montreal, QC where I met IPSF representatives from other pharmacy schools across Canada
 - We discussed the extent of our IPSF roles at each school, how to increase student engagement for IPSF events, student exchange (SEP) requirements, and how the workload is divided between IPSF Sr. and Jr. positions at other schools (U of A and U de M do not currently have Jr. positions)
- Attended 2nd PAM Committee meeting to discuss further planning of fundraising/wellness events, booking health clinics, and choosing PAM button designs
- Planned IPSF fundraising events for PAM and communicated with Fundraising Director to contact local yoga, spin, and boxing gyms to collaborate on wellness events
- Conducted research and contacted local charity Food for Thought Edmonton to engage in IPSF Fundraiser
- Discovery Climbing Night
 - Communicated with Fred Min (head of Pharmacy Rock Climbing Club) to turn this event into an IPSF fundraiser
 - Raised money for IPSF Health Campaign
 - Submitted PARO Spotlight Report to IPSF Liaison
- Created Powerpoint presentation for PARS Information Night and communicated with three students from Class of 2021 to involve them in the presentation

February:

- Submitted Bearsden application for “Shake it with Sharon!” Zumba wellness event
- Shared social media post about World Cancer Day to engage students in the event
- Held PARS Information Night
 - Ordered Cookies by George for event for students to enjoy as a refreshment
 - Defined PARS
 - Provided details about the date and location of PARS 2020, the three phases of registration, what is included in the registration fee, # of seats for North American delegates, and available funding opportunities from IPSF, our faculty, and the university
 - Invited three students from the Class of 2021 to share photos and stories of their experiences at PARS 2019
 - Shared presentation with other IPSF Representatives on our Facebook page to present to their own students
- Wrote fundraising letter for Pancake Breakfast and had members of PAM Committee deliver it to various grocery stores across Edmonton and surrounding area
 - Conducted phone follow-ups and collected monetary donations from stores that were interested in partnering with APSA for this fundraising event
 - Purchased supplies with the donations
- Attended 3rd PAM Committee Meeting to discuss International Women's Day, PAM Kick-Off, and to determine who will oversee each Lunch and Learn and health clinic in March
- Created information sheet for Women's/Mental Health Clinic

- Created social media graphics for PAM
 - PAM meme posts
 - Zumba Event for Instagram/Facebook
 - Women's/Mental Health Clinic information sheet
- Shared social media post for participation in a mosaic video for IPSF's recognition of International Women's Day

March:

- Participated in PAM Kick-Off
 - Assisted with purchasing of supplies for taco-in-a-bag
 - Assisted in prep and take-down of event, and served food to students
- Provided input on agenda topics for the 73rd World Health Assembly 2020
- Participated in PAM-Cake Breakfast
 - Assisted in purchasing of supplies
 - Assisted in prep and take-down of event, and served food to students
 - Submitted Activity Report to IPSF Liaison
- Developed and participated in Zumba Wellness Event ("Shake it with Sharon!")
 - Communicated with student, Sharon Quan (Class of 2021), regarding leading the event and obtaining insurance
 - Submitted event through Bearsden
 - *Event was unfortunately cancelled due to COVID-19 concerns*
- Donated total amount fundraised for IPSF Health Campaign to Breakfast Club of Canada and Food for Thought Edmonton
- Prepared transition document for next year's IPSF Representative

April:

- Submitted Vampire Cup Tracker Form with final blood donation count to IPSF Liaison

General Council Duties:

- Held biweekly office hours
- Attended biweekly general council meetings