

# Alberta Pharmacy Students Association 2-35 Medical Science Building

Black Pharmacy Students' Association Representative Black Pharmacy Students' Association Co-President Hafza Ali hafza@ualberta.ca

## **BPSA Representative Fall 2024 Semesterly Report**

# Regular Tasks:

- Represent and oversee BPSA activities, ensuring alignment with the mission of fostering inclusivity and support for Black pharmacy students.
- Regularly attend APSA council meetings and serve as a liaison between APSA and BPSA.
- Collaborate with BPSA executives and members to plan and execute events, mentorship programs, and advocacy initiatives.
- Organize and chair bimonthly BPSA executive meetings to maintain progress on goals and initiatives.

### August:

- Presented at APSA orientation, introducing the incoming pharmacy students to the Black Pharmacy Students' Association.
- Organized the first executive meeting of the school year to outline goals and finalise our initiatives for the term.

#### September:

- Hosted a Welcome Back BBQ to kick off the semester and welcome new BPSA members.
- Relaunched the BPSA mentorship program, matching new students with senior mentors to support academic and personal growth.

#### October:

 Held a group therapy session led by a psychiatrist, focusing on strategies for mental health resilience.

#### November:

- Coordinated a Games Night and annual general meeting, providing members with an opportunity to unwind, connect, and learn more about the BPSA.
- Collaborated with other Black health student groups (BMSA, CBNA, RMBSA) on a joint event to raise awareness about stem cell donation, highlighting its importance in healthcare advocacy.
- Held a second group therapy session with a psychiatrist, offering strategies to combat burnout during exam season.
- Continued monthly planning meetings with the BMSA team to prepare for the joint Health Clinic scheduled for April.

## Coming in the winter term:

We are excited to bring you lots of events, including:

- A Pharmacy School 101 webinar for aspiring pharmacy students.
- Black History Month collaborations and events to celebrate and educate on Black excellence in pharmacy.
- Our annual Minor Ailments Community Awareness event. This year we are planning a
  joint Health Clinic with BMSA in April, focusing on accessible healthcare and education
  for underserved communities.
- And many more events!